

Information for visitors

**TOURIST
INFORMATION
OFFICES**

Casa Alvarado Bracamonte Information Office

(Casa de Los Capitanes Generales)

OPENING HOURS:

From October to June (except holidays)
Monday to Friday from 9:00 am to 4:30 pm
From July to September (except holidays)
Monday to Friday from 9:00 am to 3:30 pm

CONTACT TELEPHONE NUMBERS:

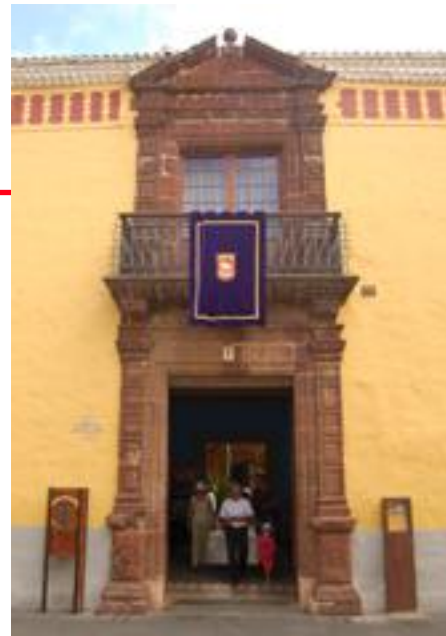
0034 922 63 11 94

ADDRESS:

C/ La Carrera u Obispo Rey Redondo, nº 7.
(Casa Alvarado Bracamonte)

MAIL:

infoturismolaguna@lalaguna.es



[SEE MAP](#)

Bajamar Tourist Information Office

OPENING HOURS:

Monday to Friday, except holidays from 9:00 am to 1:30 pm (October to June)
Monday to Friday, except holidays, from 8:30 am to 1:00 pm (July to September).

CONTACT TELEPHONE NUMBERS:

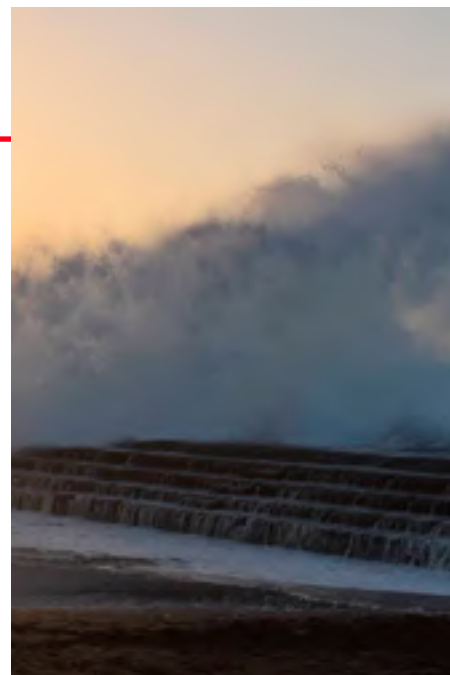
+34 922 54 06 12 / 681 281 620

ADDRESS:

Callejón Teresita Cristiana, 5. 38250 Bajamar
Access by the side of the Ermita - Avenida del Gran Poder, 27.

MAIL:

infoturismolalaguna@lalaguna.es



[SEE MAP](#)

Ex-Convent of Santo Domingo de Guzman Tourist Information Office

OPENING HOURS:

Monday to Friday, except holidays, from 9:00 am to 1:30 pm (October to June).

Monday to Friday, except holidays, from 8:30 a.m. to 1:00 p.m. (July to September).

ADDRESS:

Santo Domingo Street N° 7 CP 38207

MAIL:

infoturismolaguna@lalaguna.es



[SEE MAP](#)

Punta de Hidalgo Tourist Information Office

OPENING HOURS:

From October to June (except holidays)

Monday to Friday from 9:00 to 13:30.

From July to September (except holidays)

Monday to Friday from 8:30 to 13:00.

CONTACT TELEPHONE NUMBERS:

+34 922 15 78 32 / 690 916 596

ADDRESS:

Ctra. Gral. Punta del Hidalgo, Mirador San Mateo s/n.

MAIL:

infoturismolaguna@lalaguna.es



[SEE MAP](#)

C. de Visitantes Parque Rural of Anaga Cruz del Carmen

In the Rural Park of Anaga is the Visitor's Center Cruz del Carmen.

Cruz del Carmen; it has the necessary information about the park and the routes that can be done starting from the numerous existing trails. The center shows an audio-visual and a permanent exhibition about the Park.

CONTACT TELEPHONE NUMBERS:

+34 922 63 35 76

ADDRESS:

Ctra. Las Mercedes, km 6.

MAIL:

cvisitantes@tenerife.es

WEB:

<https://reservabiosfera.tenerife.es/descubre-anaga/centro-visitantes-cruz-carmen/>



 **SEE MAP**

Tourist Office Tenerife North Airport City of La Laguna

OPENING HOURS:

Monday to Sunday from 9:00 am to 8:30 pm,
closed on December 25, January 1 and 6.

CONTACT TELEPHONE NUMBERS:

0034 922 25 54 33

ADDRESS:

Aeropuerto Tenerife Norte Los Rodeos, s/n 38297

MAIL:

tenerifenorte@activacanarias.es



 **SEE MAP**

GUIDED TOURS

The City Council of San Cristobal de La Laguna offers a Free Guided Tour Service:

- **Guided tours in Spanish, English, German and French** from Monday to Friday mornings by prior reservation via web: <https://turismo.aytolaguna.es/visitas-guiadas-gratuitas/> or by telephone: 0034 922 631 194.
- **Arranged visits for groups** (more than 10 people) in Spanish, English, German and French in the morning by reservation only via email: **coordinacion@turismolaguna.org**. Prior reservation **in advance** only.
- **Arranged visits for educational centers in Spanish:** Monday to Friday in the morning, prior reservation only via email: **coordinacion@turismolaguna.org**.

TOURISM ACCESSIBLE

The city of San Cristobal de La Laguna offers a wide variety of activities for people with reduced mobility. There are establishments and public and private spaces that allow them to enjoy the same possibilities as other tourists.

The Sociedad Insular de Promoción de las Personas con Discapacidad (SINPROMI), from its website www.sinpromi.es, as well as from the page www.tenerife-accesible.org, offers the opportunity to consult the accessibility conditions of the different facilities of the island.

The different facilities of the Island. Thus, the analysis of each one of them is broken down as follows pedestrian routes, transport infrastructures, accesses, elevators, building interiors, public toilets public toilets, accommodations, sports, leisure, meeting and restaurant areas. Establishments with adapted facilities are highlighted with the color green; those that are accessible with the color green; and those that are accessible with the color green. green; those that are accessible with assistance, with yellow; and those that are inaccessible, with red.

Information is provided in Spanish and English.

There are three adapted routes in the municipality:

- **Path of the senses**
<https://www.webtenerife.com/que-hacer/naturaleza/senderismo/senderos/senderos-sentidos-1.htm>

LANGUAGE TOURISM

The University of San Cristobal de La Laguna (ULL) has a language service where you can learn a variety of foreign languages where you can learn a wide variety of foreign languages and also offers Spanish courses.

More Info: <https://www.ull.es/internacional/>

<https://fg.ull.es/idiomas/>

**INFORMATION
OF INTEREST**

- **City Hall:** 0034 922 601 100
www.aytolalaguna.es
- **Organismo Autónomo de Deportes:**
0034 922 256 244 | www.deportelagunero.com
- **Autonomous Sports Organization:**
112 | www.112canarias.com/info
- **University Hospital of the Canary Islands (H.U.C.):** 0034 922 678 000
- **La Candelaria Hospital:**
0034 922 602 000
- **Information and Telephone Service of the Canary Islands Government:**
012 | <https://www.gobiernodecanarias.org/principal/servicios/012.html>
- **On-call pharmacies:**
<https://farmaciatenerife.com/farmacias/san-cristobal-de-la-laguna-farmacia-de-guardia.pdf>
- **Titsa (buses / bus):**
0034 922 531 300 | <https://www.titsa.com>
- **Tenerife Tramway**
0034 922 099 119 | <http://metrotenerife.com/>
- **Taxis:**
0034 922 255 255
- **Post Offices:**
0034 902 197 197 | www.correos.es
- **University of La Laguna:**
0034 922 319 000 | www.ull.es
- **AENA (airports):**
0034 913 211 000; **chat for hearing impaired people:** <http://www.aena.es/es/pasajeros/pasajeros.html>